

Knowledge is Key

Break Free

Grades: K-12

ABOUT THE PERFORMANCE

Audience will learn about the 4 elements of Hip-Hop: Art, Breakin', DJ, and Emcee with Break Dance being the main focus of the 4 elements. With crowd participation and interaction, participants always leave inspired!

TEKS (Texas Essential Knowledge and Skills):

	Language Arts	Dance	Math	Science	Social Studies	The Student Will:
K	K.1, K.11	NCAA.6, 10	K.1	K.6	K.14	<ul style="list-style-type: none"> * Demonstrate appropriate concert etiquette during live performances. * Investigate modern culture. * Practice speaking and listening skills. * Write reports, stories, and other forms.
1	1.1, 1.11	NCAA.6, 10	1.1	1.6	1.14	
2	2.1, 2.11	NCAA.6, 10	2.1	2.6	2.12	
3	3.1, 3.11	NCAA.6, 10	3.1	3.6	3.10, 3.11, 3.12	
4	4.1, 4.11	NCAA.6, 10	4.1	4.6	4.17	
5	5.1, 5.11	NCAA.6, 10	5.1	5.6	5.20, 5.21	
MS	6.1, 6.10, 7.1, 7.10, 8.1, 8.10	1, 2, 3	6.1, 7.1, 8.1	6.8, 7.7, 8.6	6.13, 6.14, 6.15, 6.16, 6.17, 7.18, 8.23, 8.24, 8.25, 8.26	
H.S.	Eng I. 9	1, 2, 3		Chem/Physics	Ethnic Studies	

STAAR (State of Texas Assessments of Academic Readiness):

Writing

Grade 4, 7

Recording Category 1

(10) Composition: listening, speaking, reading, writing, and thinking using multiple texts--writing process. The student uses the writing process recursively to compose multiple texts that are legible and uses appropriate conventions.

Reading

Grades 3, 4, 5, 6, 7, 8

(7) Multiple genres: listening, speaking, reading, writing, and thinking using multiple texts--literary elements. The student recognizes and analyzes literary elements within and across increasingly complex traditional, contemporary, classical, and diverse literary texts.

Social Studies

Grade 8

Reporting Category 2

(26) Culture. The student understands the relationship between the arts and the times during which they were created.

Academic Vocabulary:

Hip hop	*A culture and art movement originally created by African Americans, Latino Americans, and Caribbean Americans in the Bronx, New York City. The four elements of Hip hop are Art (graffiti), Breakin' (break dancing), DJ, and Emcee (rap).
Break dancing	*An energetic style of dance typically performed to hip-hop music, characterized by stylized footwork and acrobatic or athletic movements. Dancers are called 'break boys' (b-boys) and 'break girls' (b-girls).
DJ	*A person who introduces and plays recorded popular music on radio. In hip hop culture, DJ is the practice of making music with record players and DJ mixers (controls that help mix, cut, cue, and control music).
Emcee	*Originally MC was short for Master of Ceremonies. In the late 1970s, the term emcee, MC, or M.C. became used for rappers and for their role within hip hop music and culture. An emcee is a person who raps to inspire people with clear, concise, and compelling content.
Graffiti	*Writing or drawings scribbled, scratched, or sprayed illicitly on a wall or other surface in a public place. Graffiti began to show up on subways in New York and other cities as a visual form of expression of hip hop culture.
Rapping	*A rhythmic, vocal rhyming style. Rapping (also rhyming, spitting, emceeing or MCing) is a musical form that incorporates "rhyme, rhythmic speech, and street vernacular", which is performed or chanted in a variety of ways, usually over a backing beat or musical accompaniment.
Beat boxing	*A percussive vocal style.

CLASSROOM CONNECTIONS:

Before the performance

- What do you know about hip hop music? Hip hop culture?
- Does anyone know how to dance hip hop?

After the performance:

- What did you learn from the presentation?

- Write, draw, tell, sing, dance, or act out your favorite part.

Language Arts:

- Create raps to express important aspects of your everyday life.
- Create raps about important concepts in English Language Arts, such as parts of speech, capitalization, punctuation, or conjugation.
- Create raps using figurative language such as similes, metaphors, hyperbole, personification, synecdoche, and onomatopoeia.
- Read poetry, books, or stories that could be turned into raps, such as “Bear in There” by Shel Silverstein.

Math:

- Make up and solve math problems related to Hip Hop.
- Create raps about math operations, measurement, shapes/solids, personal finance, etc.

Social Studies:

- Create raps about important people or events in history. For inspiration, see “Harriet Tubman” by Eloise Greenfield.
- Research the history of hip hop or one of its elements, such as graffiti.
- Create raps about important concepts in Social Studies, such as geography, economics, government, or citizenship.

Science:

- Create raps about important concepts in science such as energy, pattern, system, cycle, or ecosystem.
- Learn how force, motion, and energy relate to dance.

- Investigate the technology related to DJing.

Resources:

Re-visit Schoolhouse Rock songs.

Research “Math and Hip Hop” or other subjects on the Internet or YouTube.

Facts about Hip Hop:

<https://www.factretriever.com/hip-hop-facts>

ABOUT THE ARTIST:

Since 2011, Break Free has operated with a vision of building a new generation of healthy, creative, and successful individuals through the education of positive Hip-Hop culture. They believe Hip-Hop is the most powerful culture of influence on youth worldwide, but that it is misrepresented on an unprecedented level. Their staff has collectively traveled to over 60+ countries performing, teaching, and educating. Break Free operates and runs the world’s first Hip-Hop school in the heart of the First Ward Arts District in Houston, TX. Offering classes in the four elements of Hip-Hop culture (breakdancing, DJ’ing, art, and poetry). They have taught and performed for over 15,000 Texas youth.